

# *Socially Speaking workshop*

## Neurodiversity and Autism Spectrum Disorder



### Introduction to Neurodiversity and Autism Spectrum Disorder in Secondary Aged Students

**This workshop will enable attendees to:**

- embrace an affirming and respectful understanding of neurodiversity with a focus on Autism Spectrum Disorder
- gain an underlying knowledge of challenges in social and emotional regulation including sensory processing, stress and executive functioning.
- expand their tool box of strategies to support learning social/emotional and self-regulation with their students
- enhance their teaching skills and boost student engagement

### About the presenters:

#### Alison Schroeder

Alison is a Speech and Language Therapist and Primary School teacher who has specialised in the area of social communication. Alison has a special interest working with teens/young adults' supporting positive wellbeing and connections with others.

She has had over 30 years' experience working in this area in New Zealand, England and Hong Kong. Alison runs Socially Speaking along with the great support of other Speech and Language, and Occupational Therapists.

She has also written a number of social skills resources which are published in the UK and used throughout the world.

#### Justine Aldous

Justine is a New Zealand registered Occupational Therapist with over 30 years' experience in Mental Health, Vocational Rehabilitation and Paediatrics. She has significant expertise in sensory integration, anxiety and stress management with adults, adolescents and children.

### About Socially Speaking

**Socially Speaking is a dedicated team of speech & language/ occupational therapists working with children, teens and young adults (and their families) to support quality of life and community participation as well as physical and mental wellbeing.**

**When:** 7th June 2024  
9am-3pm

**Where:** Weedons Community Pavillion,  
685 Maddisons Road  
Weedons

**Cost:** \$195 per person + GST

**To register email:**

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